



StayFIT Physical Therapy LLC

Treatment Plan and Prescription

**Aiea**Phone (808)487-0487
Fax (808)486-8674**Kapolei**Phone (808)674-0500
Fax (808)674-0511**Patient Name:** _____ **Date of Birth:** _____**Phone:** _____ **Email:** _____ **Date of Injury:** _____**Primary Diagnosis:** _____ **ICD-10:** _____**Secondary Diagnosis:** _____ **ICD-10:** _____**History/Precautions:** _____**Goals/Objectives:** _____☐ **Physical Therapy Evaluation/Treatment**

Frequency _____ x wk Duration _____ x wks/mos

☐ **Massage Therapy Evaluation/Treatment**

Frequency _____ x wk Duration _____ x wks/mos

Therapeutic Procedures/Exercise		Modalities	Equipment
☐ Therapeutic Exercise/Activity	☐ Neck/Back Program	☐ Rebuilder (Neuro)	☐ Cervical/Lumbar Traction
☐ Manual Therapy - Joint Mobilization - Soft Tissue Mobilization - Myofascial Release	☐ Shoulder Program	☐ Ultrasound	☐ Cervical/Lumbar Roll
	☐ Elbow/Wrist/Hand Program	☐ Electrical Stim	☐ Resistive Tubing
	☐ Hip Program	☐ Traction	☐ Physioball
☐ Massage	☐ Knee/Ankle-Foot Program	☐ Hot/Cold Packs	☐ Stretchout Strap
☐ Gait Training	☐ Lymphedema Program	Test	
☐ Neuromuscular Re-education	☐ Vestibular Rehab Program	☐ Functional Capacity Eval (General)	
☐ Job Site Evaluation	☐ Other: _____	☐ Functional Capacity Eval (Specific)	

Specific Instructions: _____**Physician's Name:** _____ **Date:** _____**Physician Signature:** _____ **Ph:** _____ **Fax:** _____

For Office Use Only:

Treatment Start Date:	Treatment End Date:	Estimated Cost:
Employer:	Claim #:	
Adjuster:	Phone:	Fax:
Email:	☐ Approved ☐ Denied By:	

Catherine Koike DPT, PT | Chip Yamaguchi, PT

99-128 Aiea Hts Dr #207, Aiea, HI 96701 | Ph: (808)487-0487 | Fax: (808)486-8674

1001 Kamokila Blvd #114, Kapolei, HI 96707 | Ph: (808)674-0500 | Fax: (808)674-0511

stayfitphysicaltherapy.com

StayFIT Aiea

Aiea Medical Building

99-128 Aiea Heights Dr. #207

Aiea, HI 96701

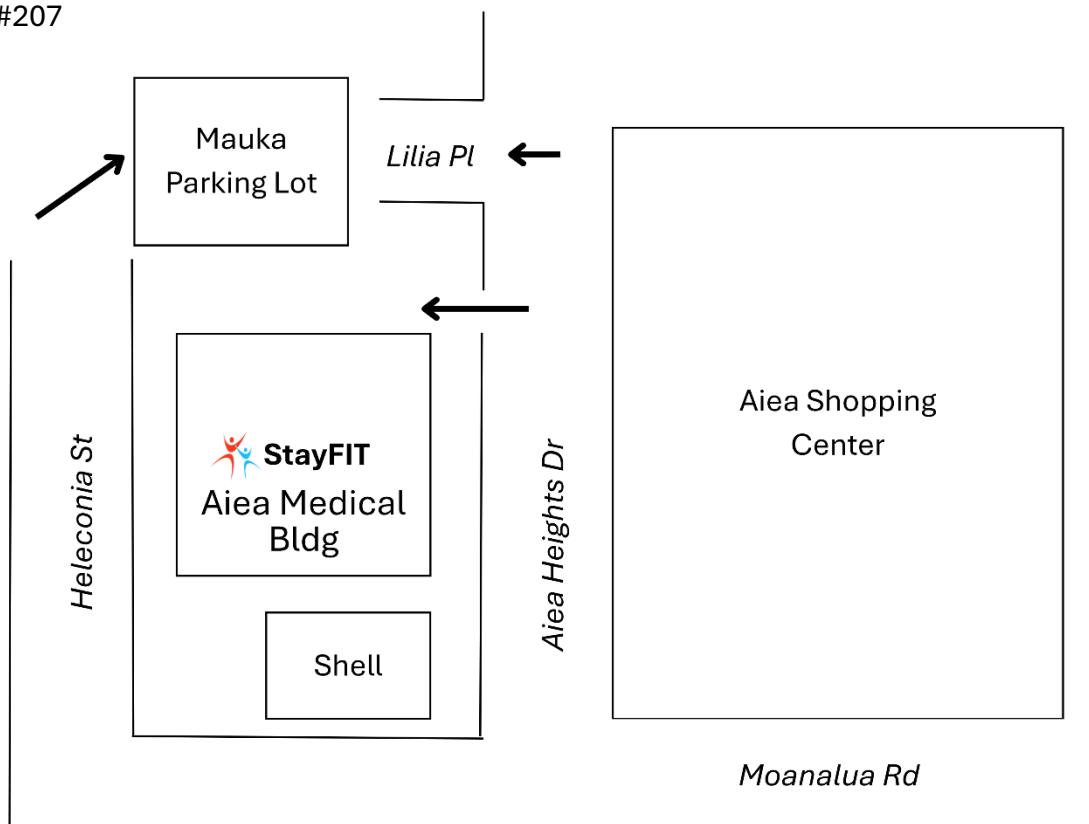
Clinic Hours

Mon - Fri

8am – 7pm

Sat

8am – 1pm



StayFIT Kapolei

James Campbell Building

1001 Kamokila Blvd. #114

Kapolei, HI 96707

Clinic Hours

Mon - Fri

7:30am – 6:30pm

Sat

7:30am – 12:30pm

